



MARCH 2019 NEWSLETTER – TWINKLES & GENESIS

ACADEMY CLOSURE

The academy will be closed on Saturday 2nd March due to the AllStar competition in Sheffield. Therefore, there will be no training for Twinkles on this date.

COMMITMENT AND 3 WEEK RULE

I must remind you that 3 weeks in the lead up to competition is vital to the final stages of training and no absences will be allowed during this period. Also, once commitment forms are handed in, we will not accept any late absence dates to be added to your already received commitment dates. The idea of the commitment form is to give you prior notice of all training dates, therefore any events that may arise after your form has been returned, must be turned down as you have already committed to your team.

Please note, moving forward to future competitions, athletes will be replaced immediately and will not be able to compete in competitions for that particular season i.e. autumn/winter or spring/summer season if commitment is broken after forms are handed in.

SUNDAY TRAINING - TWINKLES

March 17 th	3.00pm – 4.30pm
May 12 th	2.30pm – 4.00pm

SUNDAY TRAINING – GENESIS

March 10 th	3 – 4pm (after tryouts)
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MARCH COMPETITION

The first competition for this season will be on **Sunday 24th March** at The Arena in Birmingham. You will be receiving your entry passes and final details the week before comp.

NEXT COMPETITION – ENTRY FEES DUE BY 16TH MARCH

This will be with Live your Legacy in Birmingham on **Saturday 15th June**. Athletes entry fees of £45 for this event will be collected by **Saturday 16th March**. Please send cash (correct change) in a labelled envelope along with the commitment form attached to this newsletter.

MID-SEASON TRYOUTS – Sunday 10th March

We are aiming to take a youth prep team to compete at FC Nationals, Bournemouth on 5th/6th July. This team will be selected at mid-season try-outs on Sunday 10th March. If you would like to be considered for our Youth National Prep team, you will also be required to attend mid-season try-outs.

If successful at try-outs, you would continue with your current training on Thursdays for the competitions in March and June and would also take on extra training on Saturdays for the National team. This would start on **Saturday 16th March** with training from 5 to 6.30pm. Further details including training dates, competition fees etc., are available in the Mid-season pack.

If selected for an Allstar team, you will finish training with Genesis after competing at Live your Legacy and start training with your new team after that competition. You will then be required to compete at Jamfest, Liverpool in June and FC, Bournemouth in July.

SKILLS REVIEW SUNDAY 12TH MAY

We are offering all athletes and dancers the opportunity to come along to a skills review on Sunday 12th May where we will review their tumbling, jumps and fitness. Athletes/dancers will attend in groups between 4 and 5 and will take 20 minutes to complete the review. They will then receive a written report on current skill/fitness level and progressions needed for try-outs in July. We will also note any other concerns on this report i.e. time keeping, attitude etc. This will cost £15 per review and must be booked by **Saturday 6th April**. A timetable will then be prepared and you will be notified of your time slot during week commencing 15th April.

GYM CAMP SUNDAY 19TH May

We have booked a guest gym coach for a gym camp on **Sunday 19th May**. This will be held with Rob Horton who is the gym director for Ascension Eagles. The camps will be offered as follows:-

Level 1 & 2 10am – 12pm

Level 3 12pm – 2pm

The camp will be £20 for the 2 hours which must be booked and paid by **SATURDAY 13TH APRIL**. Spaces will be limited therefore please secure your bookings early as after this date, the camp will be offered out to other athletes.

HIP HOP CAMP WEDNESDAY 29TH MAY

We have been very fortunate to book Becky and Ruby from ADA Dark Angels to host a hip hop camp on **Wednesday 29th May**. The camp will run as follows:-

Age 10 – 13 10am – 2pm £30 (including 1 hr lunch)

Age 14 + 10am – 3pm £40 (including 1 hr lunch)

This camp must be booked and paid by **SATURDAY 18TH MAY** to secure your place.

CHEER EXAM/SHOWCASE SUNDAY 2ND JUNE

All athletes are eligible to take their cheerleading exam with the IDTA on Sunday 2nd June. This will be held at Dormston Theatre on **Sunday 2nd June**. This will be an open session therefore parents and family can attend to watch their children take their exam and other showcase routines. The exam grading and pricing can now be found online to view for those who have taken exams with us previously. For those who have not taken an exam, please see below for grade and pricing.

Twinkles – Rosettes 1 £18

Genesis – One Dance £16

Final date for exam entries will be **Saturday 25th May**. Please place your exam fee in a labelled envelope noting on the front, athletes/dancers name (as you want this to appear on the certificate), date of birth and exam grade. Details of spectator tickets for the event will be available in the April newsletter.

FUND RAISING EVENTS

The following events are being organized to help with funds for our travel teams, Supreme and Reign.

Raffle tickets for a Worlds T-Shirt – Proceeds to Supreme

Raffle tickets are available to purchase at the academy @ £2 each or £6 per strip to win either a Dance Worlds or Cheer Worlds T-shirt. The draw will be made at a showcase on Sunday 14th April which is their final training session before Worlds.

Annual SA Academy quiz - Saturday 9th March. - The preparations for the quiz are well under way - thank you to everyone that has entered it should be a great night. If you could arrive at 7pm for a prompt 7.30pm start please. We will have half of the quiz rounds and then break for food and a traditional game of Irish bingo. There will also be a tombola running and if anyone has any donations for prizes they would be much appreciated if you could drop them at the academy by Tuesday 5th March. Which team will have their name on the trophy for 2019?

Car boot sales and eBay - Supreme have been continuing their fund raising efforts with car boots and eBay sales. If anyone is having a spring clean and getting rid of unwanted 'stuff' we will gladly take it off your hands - literally anything sells at a car boot. Also, if you have any unwanted clothes, we can either sell on eBay or again take with us to the boot sales. If you could drop these items at the academy week commencing 11th March as our next sale is Sunday 17th March

DATES FOR YOUR DIARY

FRIDAY 1ST MARCH – Academy closed (travel to FC Circus Spectacular)

SUNDAY 10TH MARCH – Mid-season tryouts

SATURDAY 16TH MARCH – Training starts for Nationals Prep team

FRIDAY 19TH APRIL – MONDAY 6TH MAY – Easter Closures (classes return **Tuesday 7th May**)

SUNDAY 12TH MAY – Skills Review

SUNDAY 2ND JUNE – Cheer and Dance Exam/Showcase

TUESDAY 9TH JULY TO SATURDAY 13TH JULY – All Star and Prep Tryouts (Cheer and Dance)

Please make sure you are available during this week and avoid booking holidays as this could be detrimental to your team placements.

SUNDAY 14TH JULY – Awards Evening

MONDAY 22ND JULY – FRIDAY 26TH JULY – Summer Camp Week

MONDAY 19TH AUGUST TO SATURDAY 31ST AUGUST – Summer Closure dates

SUNDAY 1ST DECEMBER – Winter Showcase to be held at Telford International Centre.

PRIVATE TUMBLE CLASSES

Our tumble classes from this season will be offered as follows:-

30 minutes private working on one particular skill £20

45 minutes privates for overall conditioning and technique £25

These sessions will be offered from Monday to Friday between 4 and 5.00pm. Athletes must arrive at 4pm to stretch and warm up ready for the private to start at 4.15pm. To book a session please email saacademy@hotmail.co.uk. All sessions must be pre-paid and cannot be refunded or transferred if cancelled for any reason. **Please note**, all lessons must be pre-paid at least one week in advance or for regular bookings paid for a block of 4 weeks in advance. We cannot refund or reschedule (under any circumstance) if athletes cancel or fail to attend their booking.

TEAM APPS

These will be updated in the next few days with all training dates for 2019. If you have not already downloaded the team app, please download this from your app store. Search TEAM APP then search for SA Academy and request to be a member.

SA TWINKLES COMMITMENT DATES SPRING/SUMMER SEASON 2018 -19

COMPEITION – LEGACY, B’HAM SATURDAY 15TH JUNE

NAME

Email

Mobile number

(if athlete is under 18, please provide parents email and mobile)

MARCH 30th

APRIL 6th 13th (20th 27th Closed)

MAY (4th Closed) 11th (Sunday 12th) 18th 25th

JUNE 1st 8th (Sunday 9th) (15th Comp) (22nd Closed) (29th Gym Only)

JULY Try-outs for next season – see newsletters for details

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED (Parent if squad member under 18)

SA GENESIS COMMITMENT DATES SPRING/SUMMER SEASON 2018 -19

COMPEITION – LEGACY, B’HAM SATURDAY 15TH JUNE

NAME

Email

Mobile number

(if athlete is under 18, please provide parents email and mobile)

MARCH 28th

APRIL 4th 11th 18th (25th closed)

MAY (2nd Closed) 9th 16th 23rd 30th

JUNE 6th 13th (15th Comp)

JULY Try-outs for next season – see newsletters for details

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