



MARCH 2019 NEWSLETTER – ALL STAR CHEER AND DANCE

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MARCH COMPETITIONS

FC CIRCUS SPECTACULAR – English Institute of Sport, Coleridge Road, S9 5DA

Saturday 2nd March

Sunday 3rd March

Mini, Youth, Junior Cheer and Dance

Senior Cheer and Dance

Athletes bands, spectator passes and final details, are been handed out at all final lessons this week.

LEGACY DREAM EXTREME – Arena Birmingham, King Edward Road, B1 2AA

Saturday 23rd March

Sunday 24th March

Junior Cheer

All Dance Teams

Senior Cheer

Mini, Youth and Prep teams

Athletes bands, spectator passes and final details, will be given out 1 week prior to this competition.

PLEASE NOTE: Could just one parent from each team record performances and upload on the WhatsApp groups. The athletes need everyone's support during their performance which is not at full capacity whilst everyone is videoing their routine.

NATIONALS CROSSOVER FEES – DUE BY SATURDAY 16TH MARCH

We will be collecting crossover fees and souvenir medals for both competitions by **SATURDAY 16TH MARCH**. Please place your fees in a labelled envelope (correct cash) and post at the office door.

Crossover fees due for both events can be found on the SA website. Athletes who do not need to pay crossover fees but would like to order a medal for both competitions, must also send their medal orders by Saturday 16th March.

JAMFEST NATIONALS – Echo Arena, Liverpool *Saturday 22nd & Sunday 23rd June*

£26 Crossovers

£2.50 Souvenir Medal

FUTURE CHEER NATIONALS – Bournemouth International Centre *Saturday 6th and Sunday 7th July*

£25 Crossovers

£2.50 Souvenir Medal

FC BOURNEMOUTH SPECTATOR TICKET ORDERS – DUE BY SATURDAY 30TH MARCH

£12.50 per session (age 2 and over)

£51.00 Multi Buy 6 sessions (age 2 and over) Free – Under 2's

Saturday 6th

Sunday 7th July

Spirit & Evolution - Windsor 1

Extreme – Windsor 1

Energy – Windsor 3

Cru5h – Windsor 2

Snowflakes – Purbeck 1

Illusion, Intensity, Pinnacle – Purbeck 1

Synergy – Purbeck 2

Avalanche, Thunder – Purbeck 1

Supreme & Cyclones – Purbeck 3

Elite – Purbeck 3

Please note clearly on your envelope, athletes name and which sessions you are booking for. You also need to note your selected 6 sessions when booking the multi buy pass(please see ab

JAMFEST SPECTATOR TICKET ORDERS – DUE BY SATURDAY 13TH APRIL

As yet we do not have details of competing days for Jamfest therefore we can only provide ticket pricing at this stage. We hope to have these final details ready for the April newsletter.

£20 1 day Adult pass £32 Weekend Adult pass

£14 1 day Child pass £22 Weekend Child pass

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COMMITMENT AND 3 WEEK RULE

We have had a few problems in the lead up to Circus Spectacular with athletes applying for time off during the last 3 weeks leading up to this competition. I must remind you that this period is vital to the final stages of training and no absences will be allowed during this period leading up to any competition. Also, once commitment forms are handed in, we will not accept any late absence dates to be added to your already received commitment dates. The idea of the commitment form is to give you prior notice of all training dates, therefore any events that may arise after your form has been returned, must be turned down as you have already committed to your team. Please note, moving forward to future competitions, athletes will be replaced immediately and will not be able to compete in competitions for that particular season i.e. autumn/winter or spring/summer season if commitment is broken after forms are handed in.

SUNDAY TRAINING TIMES

Sunday 17th March

Snowflakes 10.00am – 12.00pm
Extreme 11.45am – 1.45pm
Synergy 1.30pm – 3.30pm
Twinkles 3.00pm – 4.30pm

Sunday 14th April

Synergy 3.45pm – 5.45pm

Sunday 12th May

Pinnacle 12.00pm – 1.00pm
Illusion 1.00pm – 2.00pm
Snowflakes 2.00 – 4.00pm
Twinkles 2.30pm – 4.00pm

Sunday 26th May

Intensity 12.00pm – 1.00pm
Avalanche 1.00pm – 2.00pm
Thunder 2.00pm – 3.00pm
Extreme 2.45pm – 4.45pm

Sunday 9th June

Twinkles 10.00am – 11.30am
Snowflakes 11.00am – 1.00pm
Extreme 12.45pm – 2.45pm
Synergy 2.30pm – 4.30pm

Sunday 16th June

Synergy 12.00 – 2.00pm
Extreme 2.00 – 4.00pm

Sunday 30th June

Snowflakes 11.00am – 1.00pm
Extreme 12.45pm – 2.45pm
Synergy 2.30pm – 4.30pm

CYCLONES CHANGES

Please note, we have now confirmed that Cyclones will train on the following dates between Jamfest and Bournemouth competitions: -

Saturday 29th June 6.30 – 7.30pm

Tuesday 2nd July 7 – 8pm

SKILLS REVIEW SUNDAY 12TH MAY

We will be offering all athletes and dancers the opportunity to come along to a skills review on **Sunday 12th May**. For Cheerleaders we will review their tumbling, jumps, fitness and precision of their basic technique. For Jazz, we will review turns, leaps and flexibility. Athletes/dancers will attend in groups between 4 and 5 and will take 20 minutes to complete the review. They will then receive a written report on current skill/fitness level and progressions needed for try-outs in July. We will also note any other concerns on this report i.e. time keeping, attitude etc. This will cost £15 per review (i.e. £15 cheer, £15 jazz) and must be booked by **Saturday 6th April**. A timetable will then be prepared and you will be notified of your time slot on **Monday 15th April**.

GYM CAMP SUNDAY 19TH May

We have booked a guest gym coach for a gym camp on **Sunday 19th May**. This will be held with Rob Horton who is the gym director for Ascension Eagles. The camps will be offered as follows:-

Level 1 & 2 10am – 12pm

Level 3 12pm – 2pm

Level 4 & 5 2pm – 4pm

The camp will be £20 for the 2 hours which must be booked and paid by **SATURDAY 13TH APRIL**. Spaces will be limited therefore please secure your bookings early as after this date, the camp will be offered out to other athletes.

HIP HOP CAMP WEDNESDAY 29TH MAY

We have been very fortunate to book Becky and Ruby from ADA Dark Angels to host a hip hop camp on **Wednesday 29th May**. The camp will run as follows:-

Age 10 – 13 10am – 2pm £30 (including 1 hr lunch)

Age 14 + 10am – 3pm £40 (including 1 hr lunch)

This camp must be booked and paid by **SATURDAY 18TH MAY** to secure your place.

DANCE EXAMS SUNDAY 2ND JUNE

We will be holding these exams as an open session, therefore friends and family can watch their children perform their routines. This will be held at Dormston Theatre on **Sunday 2nd June**. The exam grading and pricing can now be found online to view. Final date for exam entries will be **Saturday 25th May**. Please place your exam fee in a labelled envelope noting on the front, athletes/dancers name (as you want this to appear on the certificate), date of birth and exam grade. Please note, if you are both a jazz and cheer member, you can take both exams. If you have not taken an exam before and would like to apply, please email for your grade and pricing details. Details of spectator tickets for the event will be available in the April newsletter.

FURTHER DATES FOR YOUR DIARY

FRIDAY 1ST MARCH – Academy closed (travel to FC Circus Spectacular)

FRIDAY 19TH APRIL – MONDAY 6TH MAY – Easter Closures and Worlds (classes return **Tuesday 7th May**)

TUESDAY 9TH JULY TO SATURDAY 13TH JULY – All Star and Prep Tryouts (Cheer and Dance)

Please make sure you are available during this week and avoid booking holidays as this could be detrimental to your team placements.

SUNDAY 14TH JULY – Awards Evening at Perton Golf Club

MONDAY 22ND JULY – FRIDAY 26TH JULY – Summer Camp Week

MONDAY 19TH AUGUST TO SATURDAY 31ST AUGUST – Summer Closure dates

SUNDAY 1ST DECEMBER – Winter Showcase to be held at Telford International Centre.

SA SUPREME – WORLDS TEAM**SUNDAY TRAINING**

Sunday 10th March 11am – 1pm (lyrical arrive 10.30am for warm up, Jazz 11.40am)
 Sunday 14th April 10am – 12pm (lyrical arrive 9.30am for warm up, Jazz 10.40am)

FUND RAISING UPDATE @ JANUARY 2019

<u>EXPENSES STILL TO PAY</u>		<u>BALANCE TO DATE</u>
£142	Coach to Manchester	£5566.00
£2250 (approx)	Villa	
£3900 (approx)	Worlds commuter Passes	
see below	Parking and Petrol	
£6292.00		

FUNDS TO RAISE @ March 2019 - £726.00**FINAL SHOWCASE**

We will be holding a showcase for Supreme on **Sunday 14th April** at 11.45am. There will be a charge of £2 entry which will also include entry into our raffle for a large Easter egg. All proceeds from this showcase will be used towards petrol and parking whilst in Florida.

ADVENTURE IN ATLANTIS COMPETITION – SUNDAY 7TH APRIL

Supreme will now attend this event along with our travel team SA Reign. Further details will be available nearer the time.

WORLDS PROVISIONAL ITINERARY UPDATED

FRIDAY 19 TH APRIL	Athletes leave SA Academy at 1pm (arrive by 12.45pm)
SATURDAY 20 TH APRIL	Depart Manchester airport 10.05, arrive Florida 14.05 Walmart Shop (pm)
SUNDAY 21 ST APRIL	Supreme Lyrical Training 12 – 2.00pm Chill and pool afternoon Downtown Disney evening
MONDAY 22 ND APRIL	Supreme Jazz Training 12 – 2.00pm Lunch out then Register for ICU at All Star Resort after training City Walk – Hard Rock Café (pm)
TUESDAY 23 RD APRIL	Rock Springs (am) Team England Jazz Training 4 – 6pm Team England Pizza Pool Party (at girls villa)
WEDNESDAY 24 TH APRIL	Team England Jazz Training ESPN floor (am provisional) Junior ICU Worlds Team England Jazz Opening Ceremony (pm)
THURSDAY 25 TH APRIL	Team England Jazz Semi-finals ICU (times tbc) Register for Dance Worlds (tbc)
FRIDAY 26 TH APRIL	Team England Jazz Finals ICU (times tbc) Disney's Hollywood Studios (provisional) Supreme Jazz and Lyrical training on Worlds Floor (6 - 8pm)

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SATURDAY 27th APRIL

Dance Worlds Competition (competing dates tbc)

Disney's Animal Kingdom (Sat or Sun depending on competing times)

SUNDAY 28th APRIL

Dance Worlds Competition (competing dates tbc)

MONDAY 29th APRIL

Dance Worlds Competition (competing dates tbc)

Team Meal – Dress code white

Disney's Magic Kingdom to celebrate end of Worlds – watch Firework display

SUMMIT TEAM - SA REIGN**REIGN TRAINING DATES FOR 2019**

MARCH	5 th	12 th	19 th
APRIL	2 nd	9 th	16 th

ADVENTURE IN ATLANTIS COMPETITION – SUNDAY 7TH APRIL

Reign will now attend this event along with our Worlds team SA Supreme. Further details will be available nearer the time.

FUND RAISING UPDATE @ MARCH 2019

We have now paid two of the largest bills for this trip, music and commuter passes. All funds raised to date have gone towards these expenses leaving a bill of £677.41 to find. Please see below:-

<u>EXPENSES</u>		<u>BALANCE TO DATE</u>
£677.41	DR	
£310 (approx)	Gym Hire in US	0
£987.41		

FUNDS TO RAISE @ March 2019 - £1044 (or £44.88 per athlete)**FINAL SHOWCASE**

We will be holding a showcase for Supreme on **Tuesday 16th April** at 8.15pm. There will be a charge of £2 entry which will also include entry into our raffle for a large Easter egg.

SUMMIT ITINERARY

Once we receive confirmation of training venues whilst in Florida, we can complete a full itinerary. We have started to complete the itinerary with current information gathered.

SUNDAY 28th April	Training at Coronado Resort (1 hour training tbc)
MONDAY 29 TH APRIL	Training at Coronado Resort (1 hour training tbc)
TUESDAY 30 TH APRIL	Training 8 – 10am (tbc) Show-offs at All Star Resort (6pm)
WEDNESDAY 1st May	Training 8 – 10am at Top Gun with Unity AllStars Bowling and team meeting before competition Thursday (pm)
THURSDAY 2 ND MAY	Compete ESPN Wide World of Sports (plan all day at ESPN)
FRIDAY 3 RD MAY	Finals ESPN Wide World of Sports Meet to celebrate end of Summit (tbc)

SPECTATOR FEES

Spectator Tickets are available at \$335 if pre-ordered or \$350 if purchased in Orlando. This includes a 3-day park hopper pass to Walt Disney Resorts and 5 days admission to EPSN. The park hopper pass will be valid from 1st May to 15th May. If you do not wish to purchase the hopper pass, you can purchase admission on the door (last year at \$35 dollars per person per day). You can order your spectator tickets on the website, please visit vasity.com.