

# SA TWINKLES COMMITMENT DATES AUTUMN/WINTER SEASON 2018 -19

Showcase Sunday 2<sup>nd</sup> December

Future Cheer (Colchester) 8<sup>th</sup> & 9<sup>th</sup> December

Future Cheer (Sheffield) 2<sup>nd</sup> & 3<sup>rd</sup> March

Legacy (Birmingham) 23<sup>rd</sup> & 24<sup>th</sup> March

NAME .....

Email .....

Mobile number .....

(if athlete is under 18, please provide parents email and mobile)

**SEPTEMBER**      1<sup>st</sup>      8<sup>th</sup>      15<sup>th</sup>      22<sup>nd</sup>      29<sup>th</sup>

**OCTOBER**      6<sup>th</sup>      13<sup>th</sup>      20<sup>th</sup>      27<sup>th</sup>

**NOVEMBER**      3<sup>rd</sup>      10<sup>th</sup>      17<sup>th</sup>      24<sup>th</sup>

**DECEMBER**      1<sup>ST</sup>      **(2<sup>nd</sup> Showcase)**      **(8<sup>th</sup> 9<sup>th</sup> Comp)**      (15<sup>th</sup> 22<sup>nd</sup> 29<sup>th</sup> Closed)

**JANUARY**      5<sup>th</sup>      12<sup>th</sup>      19<sup>th</sup>      26<sup>th</sup>

**FEBRUARY**      2<sup>nd</sup>      9<sup>th</sup>      **(Sunday 10<sup>th</sup>)**      16<sup>th</sup>      23<sup>rd</sup>

**MARCH**      **(2<sup>nd</sup> 3<sup>rd</sup> Comp)**      9<sup>th</sup>      16<sup>th</sup>      **(Sunday 17<sup>th</sup>)**      **(23<sup>rd</sup> 24<sup>th</sup> Comp)**

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED ..... (Parent if squad member under 18)

# SA SNOWFLAKES COMMITMENT DATES

## AUTUMN/WINTER SEASON 2018 -19

Showcase Sunday 2<sup>nd</sup> December

Future Cheer (Colchester) 8<sup>th</sup> & 9<sup>th</sup> December

Future Cheer (Sheffield) 2<sup>nd</sup> & 3<sup>rd</sup> March

Legacy (Birmingham) 23<sup>rd</sup> & 24<sup>th</sup> March

NAME .....

Email .....

Mobile number .....

(if athlete is under 18, please provide parents email and mobile)

**SEPTEMBER**      1<sup>st</sup>      8<sup>th</sup>      15<sup>th</sup>      22<sup>nd</sup>      29<sup>th</sup>

**OCTOBER**      6<sup>th</sup>      13<sup>th</sup>      20<sup>th</sup>      27<sup>th</sup>

**NOVEMBER**      3<sup>rd</sup>      10<sup>th</sup>      17<sup>th</sup>      24<sup>th</sup>

**DECEMBER**      1<sup>ST</sup>      **(2<sup>nd</sup> Showcase)**      **(8<sup>th</sup> 9<sup>th</sup> Comp)**      (15<sup>th</sup> 22<sup>nd</sup> 29<sup>th</sup> Closed)

**JANUARY**      5<sup>th</sup>      12<sup>th</sup>      19<sup>th</sup>      26<sup>th</sup>

**FEBRUARY**      2<sup>nd</sup>      9<sup>th</sup>      **(Sunday 10<sup>th</sup>)**      16<sup>th</sup>      23<sup>rd</sup>

**MARCH**      **(2<sup>nd</sup> 3<sup>rd</sup> Comp)**      9<sup>th</sup>      16<sup>th</sup>      **(Sunday 17<sup>th</sup>)**      **(23<sup>rd</sup> 24<sup>th</sup> Comp)**

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED ..... (Parent if squad member under 18)

# SA SYNERGY COMMITMENT DATES AUTUMN/WINTER SEASON 2018 -19

Showcase Sunday 2<sup>nd</sup> December

Future Cheer (Colchester) 8<sup>th</sup> & 9<sup>th</sup> December

Future Cheer (Sheffield) 2<sup>nd</sup> & 3<sup>rd</sup> March

Legacy (Birmingham) 23<sup>rd</sup> & 24<sup>th</sup> March

NAME .....

Email .....

Mobile number .....

(if athlete is under 18, please provide parents email and mobile)

**SEPTEMBER**      1<sup>st</sup>      8<sup>th</sup>      15<sup>th</sup>      22<sup>nd</sup>      29<sup>th</sup>

**OCTOBER**      6<sup>th</sup>      13<sup>th</sup>      20<sup>th</sup>      27<sup>th</sup>

**NOVEMBER**      3<sup>rd</sup>      10<sup>th</sup>      17<sup>th</sup>      24<sup>th</sup>

**DECEMBER**      1<sup>ST</sup>      **(2<sup>nd</sup> Showcase)**      **(8<sup>th</sup> 9<sup>th</sup> Comp)**      (15<sup>th</sup> 22<sup>nd</sup> 29<sup>th</sup> Closed)

**JANUARY**      5<sup>th</sup>      12<sup>th</sup>      19<sup>th</sup>      26<sup>th</sup>

**FEBRUARY**      2<sup>nd</sup>      9<sup>th</sup>      **(Sunday 10<sup>th</sup>)**      16<sup>th</sup>      23<sup>rd</sup>

**MARCH**      **(2<sup>nd</sup> 3<sup>rd</sup> Comp)**      9<sup>th</sup>      16<sup>th</sup>      **(Sunday 17<sup>th</sup>)**      **(23<sup>rd</sup> 24<sup>th</sup> Comp)**

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED ..... (Parent if squad member under 18)

# SA EXTREME COMMITMENT DATES AUTUMN/WINTER SEASON 2018 -19

Showcase Sunday 2<sup>nd</sup> December  
Future Cheer (Colchester) 8<sup>th</sup> & 9<sup>th</sup> December  
Future Cheer (Sheffield) 2<sup>nd</sup> & 3<sup>rd</sup> March  
Legacy (Birmingham) 23<sup>rd</sup> & 24<sup>th</sup> March

NAME .....

Email .....

Mobile number .....

(if athlete is under 18, please provide parents email and mobile)

**SEPTEMBER**      1<sup>st</sup>      8<sup>th</sup>      15<sup>th</sup>      22<sup>nd</sup>      29<sup>th</sup>

**OCTOBER**        6<sup>th</sup>      13<sup>th</sup>      20<sup>th</sup>      27<sup>th</sup>

**NOVEMBER**      3<sup>rd</sup>      10<sup>th</sup>      17<sup>th</sup>      24<sup>th</sup>

**DECEMBER**      1<sup>ST</sup>      **(2<sup>nd</sup> Showcase)**      **(8<sup>th</sup> 9<sup>th</sup> Comp)**      (15<sup>th</sup> 22<sup>nd</sup> 29<sup>th</sup> Closed)

**JANUARY**        5<sup>th</sup>      12<sup>th</sup>      19<sup>th</sup>      26<sup>th</sup>

**FEBRUARY**      2<sup>nd</sup>      9<sup>th</sup>      **(Sunday 10<sup>th</sup>)**      16<sup>th</sup>      23<sup>rd</sup>

**MARCH**            **(2<sup>nd</sup> 3<sup>rd</sup> Comp)**      9<sup>th</sup>      16<sup>th</sup>      **(Sunday 17<sup>th</sup>)**      **(23<sup>rd</sup> 24<sup>th</sup> Comp)**

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED ..... (Parent if squad member under 18)

**SA SPIRIT COMMITMENT DATES**  
**AUTUMN/WINTER SEASON 2018 -19**

Showcase Sunday 2<sup>nd</sup> December  
Future Cheer (Colchester) 8<sup>th</sup> & 9<sup>th</sup> December  
Future Cheer (Sheffield) 2<sup>nd</sup> & 3<sup>rd</sup> March  
Legacy (Birmingham) 23<sup>rd</sup> & 24<sup>th</sup> March

NAME .....

Email .....

Mobile number .....

(if athlete is under 18, please provide parents email and mobile)

<b>SEPTEMBER</b>	4 <sup>th</sup>	11 <sup>th</sup>	18 <sup>th</sup>	25 <sup>th</sup>	
<b>OCTOBER</b>	2 <sup>nd</sup>	9 <sup>th</sup>	16 <sup>th</sup>	23 <sup>rd</sup>	30 <sup>th</sup>
<b>NOVEMBER</b>	6 <sup>th</sup>	13 <sup>th</sup>	20 <sup>th</sup>	27 <sup>th</sup>	
<b>DECEMBER</b>	<b>(2<sup>nd</sup> Showcase)</b>	4 <sup>th</sup>	<b>(8<sup>th</sup> 9<sup>th</sup> Competition)</b>	<b>(11<sup>th</sup> 18<sup>th</sup> 25<sup>th</sup> Closed)</b>	
<b>JANUARY</b>	<b>(1<sup>ST</sup> Closed)</b>	8 <sup>th</sup>	15 <sup>th</sup>	22 <sup>nd</sup>	29 <sup>th</sup>
<b>FEBRUARY</b>	5 <sup>th</sup>	12 <sup>th</sup>	19 <sup>th</sup>	26 <sup>th</sup>	
<b>MARCH</b>	<b>(2<sup>nd</sup> 3<sup>rd</sup> Competition)</b>		5 <sup>th</sup>	12 <sup>th</sup>	19 <sup>th</sup> <b>(23<sup>rd</sup> 24<sup>th</sup> Competition)</b>

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED ..... (Parent if squad member under 18)

**SA ENERGY COMMITMENT DATES**  
**AUTUMN/WINTER SEASON 2018 -19**

Showcase Sunday 2<sup>nd</sup> December  
Future Cheer (Colchester) 8<sup>th</sup> & 9<sup>th</sup> December  
Future Cheer (Sheffield) 2<sup>nd</sup> & 3<sup>rd</sup> March  
Legacy (Birmingham) 23<sup>rd</sup> & 24<sup>th</sup> March

NAME .....

Email .....

Mobile number .....

(if athlete is under 18, please provide parents email and mobile)

<b>SEPTEMBER</b>	5 <sup>th</sup>	12 <sup>th</sup>	19 <sup>th</sup>	26 <sup>th</sup>	
<b>OCTOBER</b>	3 <sup>rd</sup>	10 <sup>th</sup>	17 <sup>th</sup>	24 <sup>th</sup>	31 <sup>st</sup>
<b>NOVEMBER</b>	7 <sup>th</sup>	14 <sup>th</sup>	21 <sup>st</sup>	28 <sup>th</sup>	
<b>DECEMBER</b>	<b>(2<sup>nd</sup> Showcase)</b>	5 <sup>th</sup>	<b>(8<sup>th</sup> 9<sup>th</sup> Competition)</b>	<b>(Closed 12<sup>th</sup> 19<sup>th</sup> 26<sup>th</sup> )</b>	
<b>JANUARY</b>	<b>(2<sup>nd</sup> Closed)</b>	9 <sup>th</sup>	16 <sup>th</sup>	23 <sup>rd</sup>	30 <sup>th</sup>
<b>FEBRUARY</b>	6 <sup>th</sup>	13 <sup>th</sup>	20 <sup>th</sup>	27 <sup>th</sup>	
<b>MARCH</b>	<b>(2<sup>nd</sup> 3<sup>rd</sup> Competition)</b>	6 <sup>th</sup>	13 <sup>th</sup>	20 <sup>th</sup>	<b>(23<sup>rd</sup> 24<sup>th</sup> Competition)</b>

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED ..... (Parent if squad member under 18)

**SA CRUSH COMMITMENT DATES**  
**AUTUMN/WINTER SEASON 2018 -19**

Showcase Sunday 2<sup>nd</sup> December  
Future Cheer (Colchester) 8<sup>th</sup> & 9<sup>th</sup> December  
Future Cheer (Sheffield) 2<sup>nd</sup> & 3<sup>rd</sup> March  
Legacy (Birmingham) 23<sup>rd</sup> & 24<sup>th</sup> March

NAME .....

Email .....

Mobile number .....

(if athlete is under 18, please provide parents email and mobile)

<b>SEPTEMBER</b>	5 <sup>th</sup>	12 <sup>th</sup>	19 <sup>th</sup>	26 <sup>th</sup>	
<b>OCTOBER</b>	3 <sup>rd</sup>	10 <sup>th</sup>	17 <sup>th</sup>	24 <sup>th</sup>	31 <sup>st</sup>
<b>NOVEMBER</b>	7 <sup>th</sup>	14 <sup>th</sup>	21 <sup>st</sup>	28 <sup>th</sup>	
<b>DECEMBER</b>	<b>(2<sup>nd</sup> Showcase)</b>	5 <sup>th</sup>	<b>(8<sup>th</sup> 9<sup>th</sup> Competition)</b>		<b>(Closed 12<sup>th</sup> 19<sup>th</sup> 26<sup>th</sup>)</b>
<b>JANUARY</b>	<b>(Closed 2<sup>nd</sup>)</b>	9 <sup>th</sup>	16 <sup>th</sup>	23 <sup>rd</sup>	30 <sup>th</sup>
<b>FEBRUARY</b>	6 <sup>th</sup>	13 <sup>th</sup>	20 <sup>th</sup>	27 <sup>th</sup>	
<b>MARCH</b>	<b>(2<sup>nd</sup> 3<sup>rd</sup> Competition)</b>	6 <sup>th</sup>	13 <sup>th</sup>	20 <sup>th</sup>	<b>(23<sup>rd</sup> 24<sup>th</sup> Competition)</b>

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED ..... (Parent if squad member under 18)

**SA ELITE COMMITMENT DATES**  
**AUTUMN/WINTER SEASON 2018 -19**

Showcase Sunday 2<sup>nd</sup> December  
Future Cheer (Colchester) 8<sup>th</sup> & 9<sup>th</sup> December  
Future Cheer (Sheffield) 2<sup>nd</sup> & 3<sup>rd</sup> March  
Legacy (Birmingham) 23<sup>rd</sup> & 24<sup>th</sup> March

NAME .....

Email .....

Mobile number .....

(if athlete is under 18, please provide parents email and mobile)

**SEPTEMBER**      6<sup>th</sup>    13<sup>th</sup>    20<sup>th</sup>    27<sup>th</sup>

**OCTOBER**        4<sup>th</sup>    11<sup>th</sup>    18<sup>th</sup>    25<sup>th</sup>

**NOVEMBER**      1<sup>st</sup>    8<sup>th</sup>    15<sup>th</sup>    22<sup>nd</sup>    29<sup>th</sup>

**DECEMBER**      **(2<sup>nd</sup> Showcase)**    6<sup>th</sup>    **(8<sup>th</sup> 9<sup>th</sup> Competition)** (Closed 13<sup>th</sup> 20<sup>th</sup> 27<sup>th</sup> )

**JANUARY**        3<sup>rd</sup>    10<sup>th</sup>    17<sup>th</sup>    24<sup>th</sup>    31<sup>st</sup>

**FEBRUARY**      7<sup>th</sup>    14<sup>th</sup>    21<sup>st</sup>    28<sup>th</sup>

**MARCH**            **(2<sup>nd</sup> 3<sup>rd</sup> Competition)**    7<sup>th</sup>    14<sup>th</sup>    21<sup>st</sup>            **(23<sup>rd</sup> 24<sup>th</sup> Competition)**

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED ..... (Parent if squad member under 18)



# SA GENESIS/EVOLUTION COMMITMENT DATES

## AUTUMN/WINTER SEASON 2018 -19

Showcase Sunday 2<sup>nd</sup> December  
Legacy (Birmingham) 23<sup>rd</sup> & 24<sup>th</sup> March

NAME .....

Email .....

Mobile number .....

(if athlete is under 18, please provide parents email and mobile)

**SEPTEMBER**      6<sup>th</sup>    13<sup>th</sup>    20<sup>th</sup>    27<sup>th</sup>

**OCTOBER**        4<sup>th</sup>    11<sup>th</sup>    18<sup>th</sup>    25<sup>th</sup>

**NOVEMBER**      1<sup>st</sup>    8<sup>th</sup>    15<sup>th</sup>    22<sup>nd</sup>    29<sup>th</sup>

**DECEMBER**      (2<sup>nd</sup> Showcase)    6<sup>th</sup>    (Closed 13<sup>th</sup> 20<sup>th</sup> 27<sup>th</sup> )

**JANUARY**        3<sup>rd</sup>    10<sup>th</sup>    17<sup>th</sup>    24<sup>th</sup>    31<sup>st</sup>

**FEBRUARY**      7<sup>th</sup>    14<sup>th</sup>    21<sup>st</sup>    28<sup>th</sup>

**MARCH**         7<sup>th</sup>    14<sup>th</sup>    21<sup>st</sup>    (23<sup>rd</sup> 24<sup>th</sup> Competition)

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED ..... (Parent if squad member under 18)

# SA ILLUSION COMMITMENT DATES AUTUMN/WINTER SEASON 2018 -19

Showcase Sunday 2<sup>nd</sup> December  
 Future Cheer (Colchester) 8<sup>th</sup> & 9<sup>th</sup> December  
 Future Cheer (Sheffield) 2<sup>nd</sup> & 3<sup>rd</sup> March  
 Legacy (Birmingham) 23<sup>rd</sup> & 24<sup>th</sup> March

NAME .....

Email .....

Mobile number .....

(if athlete is under 18, please provide parents email and mobile)

**SATURDAYS**

<b>SEPTEMBER</b>	1 <sup>st</sup>	8 <sup>th</sup>	15 <sup>th</sup>	22 <sup>nd</sup>	29 <sup>th</sup>	
<b>OCTOBER</b>	6 <sup>th</sup>	13 <sup>th</sup>	20 <sup>th</sup>	27 <sup>th</sup>		
<b>NOVEMBER</b>	3 <sup>rd</sup>	10 <sup>th</sup>	17 <sup>th</sup>	24 <sup>th</sup>		
<b>DECEMBER</b>	1 <sup>ST</sup>	<b>(2<sup>nd</sup> Showcase)</b>		<b>(8<sup>th</sup> 9<sup>th</sup> Competition)</b>		(Closed 15 <sup>th</sup> 22 <sup>nd</sup> 29 <sup>th</sup> )
<b>JANUARY</b>	5 <sup>th</sup>	12 <sup>th</sup>	19 <sup>th</sup>	26 <sup>th</sup>		
<b>FEBRUARY</b>	2 <sup>nd</sup>	9 <sup>th</sup>	16 <sup>th</sup>	23 <sup>rd</sup>	<b>(Sunday 24<sup>th</sup>)</b>	
<b>MARCH</b>	<b>(2<sup>nd</sup> 3<sup>rd</sup> Competition)</b>			9 <sup>th</sup>	16 <sup>th</sup>	<b>(23<sup>rd</sup> 24<sup>th</sup> Competition)</b>

**WEDNESDAY**

<b>SEPTEMBER</b>	5 <sup>th</sup>	12 <sup>th</sup>	19 <sup>th</sup>	26 <sup>th</sup>		
<b>OCTOBER</b>	3 <sup>rd</sup>	10 <sup>th</sup>	17 <sup>th</sup>	24 <sup>th</sup>	31 <sup>st</sup>	
<b>NOVEMBER</b>	7 <sup>th</sup>	14 <sup>th</sup>	21 <sup>st</sup>	28 <sup>th</sup>		
<b>DECEMBER</b>	<b>(2<sup>nd</sup> Showcase)</b>			5 <sup>th</sup>	<b>(8<sup>th</sup> 9<sup>th</sup> Competition)</b> (Closed 12 <sup>th</sup> 19 <sup>th</sup> 26 <sup>th</sup> )	
<b>JANUARY</b>	9 <sup>th</sup>	16 <sup>th</sup>	23 <sup>rd</sup>	30 <sup>th</sup>		
<b>FEBRUARY</b>	6 <sup>th</sup>	13 <sup>th</sup>	20 <sup>th</sup>	27 <sup>th</sup>		
<b>MARCH</b>	<b>(2<sup>nd</sup> 3<sup>rd</sup> Competition)</b>			6 <sup>th</sup>	13 <sup>th</sup>	20 <sup>th</sup> <b>(23<sup>rd</sup> 24<sup>th</sup> Competition)</b>

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED ..... (Parent if squad member under 18)

# SA PINNACLE COMMITMENT DATES AUTUMN/WINTER SEASON 2018 -19

Showcase Sunday 2<sup>nd</sup> December  
 Future Cheer (Colchester) 8<sup>th</sup> & 9<sup>th</sup> December  
 Future Cheer (Sheffield) 2<sup>nd</sup> & 3<sup>rd</sup> March  
 Legacy (Birmingham) 23<sup>rd</sup> & 24<sup>th</sup> March

NAME .....

Email .....

Mobile number .....

(if athlete is under 18, please provide parents email and mobile)

**SATURDAYS**

<b>SEPTEMBER</b>	1 <sup>st</sup>	8 <sup>th</sup>	15 <sup>th</sup>	22 <sup>nd</sup>	29 <sup>th</sup>	
<b>OCTOBER</b>	6 <sup>th</sup>	13 <sup>th</sup>	20 <sup>th</sup>	27 <sup>th</sup>		
<b>NOVEMBER</b>	3 <sup>rd</sup>	10 <sup>th</sup>	17 <sup>th</sup>	24 <sup>th</sup>		
<b>DECEMBER</b>	1 <sup>ST</sup>	<b>(2<sup>nd</sup> Showcase)</b>		<b>(8<sup>th</sup> 9<sup>th</sup> Competition)</b>		(Closed 15 <sup>th</sup> 22 <sup>nd</sup> 29 <sup>th</sup> )
<b>JANUARY</b>	5 <sup>th</sup>	12 <sup>th</sup>	19 <sup>th</sup>	26 <sup>th</sup>		
<b>FEBRUARY</b>	2 <sup>nd</sup>	9 <sup>th</sup>	16 <sup>th</sup>	23 <sup>rd</sup>	<b>(Sunday 24<sup>th</sup>)</b>	
<b>MARCH</b>	<b>(2<sup>nd</sup> 3<sup>rd</sup> Competition)</b>		9 <sup>th</sup>	16 <sup>th</sup>	<b>(23<sup>rd</sup> 24<sup>th</sup> Competition)</b>	

**TUESDAY**

<b>SEPTEMBER</b>	4 <sup>th</sup>	11 <sup>th</sup>	18 <sup>th</sup>	25 <sup>th</sup>	
<b>OCTOBER</b>	2 <sup>nd</sup>	9 <sup>th</sup>	16 <sup>th</sup>	23 <sup>rd</sup>	30 <sup>th</sup>
<b>NOVEMBER</b>	6 <sup>th</sup>	13 <sup>th</sup>	20 <sup>th</sup>	27 <sup>th</sup>	
<b>DECEMBER</b>	<b>(2<sup>nd</sup> Showcase)</b>		4 <sup>th</sup>	<b>(8<sup>th</sup> 9<sup>th</sup> Competition)</b> (Closed 11 <sup>th</sup> 18 <sup>th</sup> 25 <sup>th</sup> )	
<b>JANUARY</b>	8 <sup>th</sup>	15 <sup>th</sup>	22 <sup>nd</sup>	29 <sup>th</sup>	
<b>FEBRUARY</b>	5 <sup>th</sup>	12 <sup>th</sup>	19 <sup>th</sup>	26 <sup>th</sup>	
<b>MARCH</b>	<b>(2<sup>nd</sup> 3<sup>rd</sup> Competition)</b>		5 <sup>th</sup>	12 <sup>th</sup>	19 <sup>th</sup> <b>(23<sup>rd</sup> 24<sup>th</sup> Competition)</b>

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED ..... (Parent if squad member under 18)

# SA INTENSITY COMMITMENT DATES AUTUMN/WINTER SEASON 2018 -19

Showcase Sunday 2<sup>nd</sup> December  
 Future Cheer (Colchester) 8<sup>th</sup> & 9<sup>th</sup> December  
 Future Cheer (Sheffield) 2<sup>nd</sup> & 3<sup>rd</sup> March  
 Legacy (Birmingham) 23<sup>rd</sup> & 24<sup>th</sup> March

NAME .....

Email .....

Mobile number .....

(if athlete is under 18, please provide parents email and mobile)

**SATURDAYS**

<b>SEPTEMBER</b>	1 <sup>st</sup>	8 <sup>th</sup>	15 <sup>th</sup>	22 <sup>nd</sup>	29 <sup>th</sup>
<b>OCTOBER</b>	6 <sup>th</sup>	13 <sup>th</sup>	20 <sup>th</sup>	27 <sup>th</sup>	
<b>NOVEMBER</b>	3 <sup>rd</sup>	10 <sup>th</sup>	17 <sup>th</sup>	24 <sup>th</sup>	
<b>DECEMBER</b>	1 <sup>ST</sup>	<b>(2<sup>nd</sup> Showcase)</b>		<b>(8<sup>th</sup> 9<sup>th</sup> Competition)</b> (Closed 15 <sup>th</sup> 22 <sup>nd</sup> 29 <sup>th</sup> )	
<b>JANUARY</b>	5 <sup>th</sup>	12 <sup>th</sup>	19 <sup>th</sup>	26 <sup>th</sup>	
<b>FEBRUARY</b>	2 <sup>nd</sup>	9 <sup>th</sup>	16 <sup>th</sup>	23 <sup>rd</sup>	<b>(Sunday 24<sup>th</sup>)</b>
<b>MARCH</b>	<b>(2<sup>nd</sup> 3<sup>rd</sup> Competition)</b>		9 <sup>th</sup>	16 <sup>th</sup>	<b>(23<sup>rd</sup> 24<sup>th</sup> Competition)</b>

**THURSDAY**

<b>SEPTEMBER</b>	6 <sup>th</sup>	13 <sup>th</sup>	20 <sup>th</sup>	27 <sup>th</sup>	
<b>OCTOBER</b>	4 <sup>th</sup>	11 <sup>th</sup>	18 <sup>th</sup>	25 <sup>th</sup>	
<b>NOVEMBER</b>	1 <sup>st</sup>	8 <sup>th</sup>	15 <sup>th</sup>	22 <sup>nd</sup>	29 <sup>th</sup>
<b>DECEMBER</b>	<b>(2<sup>nd</sup> Showcase)</b>		6 <sup>th</sup>	<b>(8<sup>th</sup> 9<sup>th</sup> Competition)</b> (Closed 13 <sup>th</sup> 20 <sup>th</sup> 27 <sup>th</sup> )	
<b>JANUARY</b>	3 <sup>rd</sup>	10 <sup>th</sup>	17 <sup>th</sup>	24 <sup>th</sup>	31 <sup>st</sup>
<b>FEBRUARY</b>	7 <sup>th</sup>	14 <sup>th</sup>	21 <sup>st</sup>	28 <sup>th</sup>	
<b>MARCH</b>	<b>(2<sup>nd</sup> 3<sup>rd</sup> Competition)</b>		7 <sup>th</sup>	14 <sup>th</sup>	21 <sup>st</sup> <b>(23<sup>rd</sup> 24<sup>th</sup> Competition)</b>

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED ..... (Parent if squad member under 18)

# SA ASCENSION COMMITMENT DATES

## AUTUMN/WINTER SEASON 2018 -19

Showcase Sunday 2<sup>nd</sup> December  
 Future Cheer (Colchester) 8<sup>th</sup> & 9<sup>th</sup> December  
 Future Cheer (Sheffield) 2<sup>nd</sup> & 3<sup>rd</sup> March  
 Legacy (Birmingham) 23<sup>rd</sup> & 24<sup>th</sup> March

NAME .....

Email .....

Mobile number .....

(if athlete is under 18, please provide parents email and mobile)

**SATURDAYS**

<b>SEPTEMBER</b>	1 <sup>st</sup>	8 <sup>th</sup>	15 <sup>th</sup>	22 <sup>nd</sup>	29 <sup>th</sup>	
<b>OCTOBER</b>	6 <sup>th</sup>	13 <sup>th</sup>	20 <sup>th</sup>	27 <sup>th</sup>		
<b>NOVEMBER</b>	3 <sup>rd</sup>	10 <sup>th</sup>	17 <sup>th</sup>	24 <sup>th</sup>		
<b>DECEMBER</b>	1 <sup>ST</sup>	<b>(2<sup>nd</sup> Showcase)</b>		<b>(8<sup>th</sup> 9<sup>th</sup> Competition)</b>		(Closed 15 <sup>th</sup> 22 <sup>nd</sup> 29 <sup>th</sup> )
<b>JANUARY</b>	5 <sup>th</sup>	12 <sup>th</sup>	19 <sup>th</sup>	26 <sup>th</sup>		
<b>FEBRUARY</b>	2 <sup>nd</sup>	9 <sup>th</sup>	16 <sup>th</sup>	23 <sup>rd</sup>		
<b>MARCH</b>	<b>(2<sup>nd</sup> 3<sup>rd</sup> Competition)</b>		9 <sup>th</sup>	<b>(Sunday 10<sup>th</sup>)</b>	16 <sup>th</sup>	<b>(23<sup>rd</sup> 24<sup>th</sup> Competition)</b>

**TUESDAY**

<b>SEPTEMBER</b>	4 <sup>th</sup>	11 <sup>th</sup>	18 <sup>th</sup>	25 <sup>th</sup>	
<b>OCTOBER</b>	2 <sup>nd</sup>	9 <sup>th</sup>	16 <sup>th</sup>	23 <sup>rd</sup>	30 <sup>th</sup>
<b>NOVEMBER</b>	6 <sup>th</sup>	13 <sup>th</sup>	20 <sup>th</sup>	27 <sup>th</sup>	
<b>DECEMBER</b>	<b>(2<sup>nd</sup> Showcase)</b>		4 <sup>th</sup>	<b>(8<sup>th</sup> 9<sup>th</sup> Competition)</b> (Closed 11 <sup>th</sup> 18 <sup>th</sup> 25 <sup>th</sup> )	
<b>JANUARY</b>	8 <sup>th</sup>	15 <sup>th</sup>	22 <sup>nd</sup>	29 <sup>th</sup>	
<b>FEBRUARY</b>	5 <sup>th</sup>	12 <sup>th</sup>	19 <sup>th</sup>	26 <sup>th</sup>	
<b>MARCH</b>	<b>(2<sup>nd</sup> 3<sup>rd</sup> Competition)</b>		5 <sup>th</sup>	12 <sup>th</sup> 19 <sup>th</sup>	<b>(23<sup>rd</sup> 24<sup>th</sup> Competition)</b>

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED ..... (Parent if squad member under 18)

# SA SUPREME COMMITMENT DATES AUTUMN/WINTER SEASON 2018 -19

Showcase Sunday 2<sup>nd</sup> December  
 Future Cheer (Colchester) 8<sup>th</sup> & 9<sup>th</sup> December  
 Future Cheer (Sheffield) 2<sup>nd</sup> & 3<sup>rd</sup> March  
 Legacy (Birmingham) 23<sup>rd</sup> & 24<sup>th</sup> March

NAME .....

Email .....

Mobile number .....

(if athlete is under 18, please provide parents email and mobile)

**MONDAYS**

<b>SEPTEMBER</b>	3 <sup>rd</sup>	10 <sup>th</sup>	(SUNDAY 16 <sup>TH</sup> )	17 <sup>th</sup>	24 <sup>th</sup>
<b>OCTOBER</b>	1 <sup>st</sup>	8 <sup>th</sup>	15 <sup>th</sup>	(SUNDAY 21 <sup>ST</sup> )	22 <sup>nd</sup> 29 <sup>th</sup>
<b>NOVEMBER</b>	5 <sup>th</sup>	(SUNDAY 11 <sup>TH</sup> )	12 <sup>th</sup>	19 <sup>th</sup>	26 <sup>th</sup>
<b>DECEMBER</b>	<b>(2<sup>nd</sup> Showcase)</b>		3 <sup>rd</sup>	<b>(8<sup>th</sup> 9<sup>th</sup> Competition)</b>	
<b>JANUARY</b>	7 <sup>th</sup>	14 <sup>th</sup>	(SUNDAY 20 <sup>TH</sup> )	21 <sup>st</sup>	28 <sup>th</sup>
<b>FEBRUARY</b>	4 <sup>th</sup>	11 <sup>th</sup>	(SUNDAY 17 <sup>TH</sup> )	18 <sup>th</sup>	25 <sup>th</sup>
<b>MARCH</b>	<b>(2<sup>nd</sup> 3<sup>rd</sup> Competition)</b>		4 <sup>th</sup>	(SUNDAY 10 <sup>TH</sup> )	11 <sup>th</sup> 18 <sup>th</sup> <b>(23<sup>rd</sup> 24<sup>th</sup> Competition)</b>

**WEDNESDAY**

<b>SEPTEMBER</b>	5 <sup>th</sup>	12 <sup>th</sup>	19 <sup>th</sup>	26 <sup>th</sup>
<b>OCTOBER</b>	3 <sup>rd</sup>	10 <sup>th</sup>	17 <sup>th</sup>	24 <sup>th</sup> 31 <sup>st</sup>
<b>NOVEMBER</b>	7 <sup>th</sup>	14 <sup>th</sup>	21 <sup>st</sup>	28 <sup>th</sup>
<b>DECEMBER</b>	<b>(2<sup>nd</sup> Showcase)</b>		5 <sup>th</sup>	<b>(8<sup>th</sup> 9<sup>th</sup> Competition)</b>
<b>JANUARY</b>	9 <sup>th</sup>	16 <sup>th</sup>	23 <sup>rd</sup>	30 <sup>th</sup>
<b>FEBRUARY</b>	6 <sup>th</sup>	13 <sup>th</sup>	20 <sup>th</sup>	27 <sup>th</sup>
<b>MARCH</b>	<b>(2<sup>nd</sup> 3<sup>rd</sup> Competition)</b>		6 <sup>th</sup> 13 <sup>th</sup> 20 <sup>th</sup>	<b>(23<sup>rd</sup> 24<sup>th</sup> Competition)</b>

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED ..... (Parent if squad member under 18)

**SA CYCLONES COMMITMENT DATES  
AUTUMN/WINTER SEASON 2018 -19**

Showcase Sunday 2<sup>nd</sup> December  
Future Cheer (Colchester) 8<sup>th</sup> & 9<sup>th</sup> December  
Future Cheer (Sheffield) 2<sup>nd</sup> & 3<sup>rd</sup> March  
Legacy (Birmingham) 23<sup>rd</sup> & 24<sup>th</sup> March

NAME .....

Email .....

Mobile number .....

(if athlete is under 18, please provide parents email and mobile)

<b>SEPTEMBER</b>	6 <sup>th</sup>	13 <sup>th</sup>	20 <sup>th</sup>	27 <sup>th</sup>	
<b>OCTOBER</b>	4 <sup>th</sup>	11 <sup>th</sup>	18 <sup>th</sup>	25 <sup>th</sup>	
<b>NOVEMBER</b>	1 <sup>st</sup>	8 <sup>th</sup>	15 <sup>th</sup>	22 <sup>nd</sup>	29 <sup>th</sup>
<b>DECEMBER</b>	<b>(2<sup>nd</sup> Showcase)</b>	6 <sup>th</sup>	<b>(8<sup>th</sup> 9<sup>th</sup> Competition)</b>	<b>(Closed 13<sup>th</sup> 20<sup>th</sup> 27<sup>th</sup> )</b>	
<b>JANUARY</b>	3 <sup>rd</sup>	10 <sup>th</sup>	17 <sup>th</sup>	24 <sup>th</sup>	31 <sup>st</sup>
<b>FEBRUARY</b>	7 <sup>th</sup>	14 <sup>th</sup>	21 <sup>st</sup>	28 <sup>th</sup>	
<b>MARCH</b>	<b>(2<sup>nd</sup> 3<sup>rd</sup> Competition)</b>		7 <sup>th</sup>	14 <sup>th</sup>	21 <sup>st</sup> <b>(23<sup>rd</sup> 24<sup>th</sup> Competition)</b>

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED ..... (Parent if squad member under 18)

# SA AVALANCHE COMMITMENT DATES

## AUTUMN/WINTER SEASON 2018 -19

Showcase Sunday 2<sup>nd</sup> December

Future Cheer (Colchester) 8<sup>th</sup> & 9<sup>th</sup> December

Future Cheer (Sheffield) 2<sup>nd</sup> & 3<sup>rd</sup> March

Legacy (Birmingham) 23<sup>rd</sup> & 24<sup>th</sup> March

NAME .....

Email .....

Mobile number .....

(if athlete is under 18, please provide parents email and mobile)

**SEPTEMBER**      7<sup>th</sup>    14<sup>th</sup>    21<sup>st</sup>    28<sup>th</sup>

**OCTOBER**        5<sup>th</sup>    12<sup>th</sup>    19<sup>th</sup>    26<sup>th</sup>

**NOVEMBER**      2<sup>nd</sup>    9<sup>th</sup>    16<sup>th</sup>    23<sup>rd</sup>    30<sup>th</sup>

**DECEMBER**      (2<sup>nd</sup> Showcase)    (7<sup>th</sup> Closed)    (8<sup>th</sup> 9<sup>th</sup> Comp)    (Closed 14<sup>th</sup> 21<sup>st</sup> 28<sup>th</sup>)

**JANUARY**        4<sup>th</sup>    11<sup>th</sup>    18<sup>th</sup>    25<sup>th</sup>

**FEBRUARY**      1<sup>st</sup>    8<sup>th</sup>    15<sup>th</sup>    (22<sup>nd</sup> session transferred to 24<sup>th</sup>) (Sunday 24<sup>th</sup>)

**MARCH**            (1<sup>st</sup> Closed) (2<sup>nd</sup> 3<sup>rd</sup> Comp)    8<sup>th</sup>    15<sup>th</sup>    22<sup>nd</sup>    (23<sup>rd</sup> 24<sup>th</sup> Comp)

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED ..... (Parent if squad member under 18)



# SA THUNDER COMMITMENT DATES AUTUMN/WINTER SEASON 2018 -19

Showcase Sunday 2<sup>nd</sup> December

Future Cheer (Colchester) 8<sup>th</sup> & 9<sup>th</sup> December

Future Cheer (Sheffield) 2<sup>nd</sup> & 3<sup>rd</sup> March

Legacy (Birmingham) 23<sup>rd</sup> & 24<sup>th</sup> March

NAME .....

Email .....

Mobile number .....

(if athlete is under 18, please provide parents email and mobile)

**SEPTEMBER**      7<sup>th</sup>    14<sup>th</sup>    21<sup>st</sup>    28<sup>th</sup>

**OCTOBER**        5<sup>th</sup>    12<sup>th</sup>    19<sup>th</sup>    26<sup>th</sup>

**NOVEMBER**      2<sup>nd</sup>    9<sup>th</sup>    16<sup>th</sup>    23<sup>rd</sup>    30<sup>th</sup>

**DECEMBER**      (2<sup>nd</sup> Showcase)    (7<sup>th</sup> Closed)    (8<sup>th</sup> 9<sup>th</sup> Comp)    (Closed 14<sup>th</sup> 21<sup>st</sup> 28<sup>th</sup>)

**JANUARY**        4<sup>th</sup>    11<sup>th</sup>    18<sup>th</sup>    25<sup>th</sup>

**FEBRUARY**      1<sup>st</sup>    8<sup>th</sup>    15<sup>th</sup>    22<sup>nd</sup> session transferred to 24<sup>th</sup> ) (Sunday 24<sup>th</sup>)

**MARCH**            (1<sup>st</sup> Closed)    (2<sup>nd</sup> 3<sup>rd</sup> Comp)    8<sup>th</sup>    15<sup>th</sup>    22<sup>nd</sup>    (23<sup>rd</sup> 24<sup>th</sup> Comp)

I fully commit to all of the above training dates and have noted above any date I cannot attend due to prior commitments.

I understand that if I miss any of the above dates for any reason, I will incur a £10 fine for each lesson missed or may lose my position on the squad.

SIGNED.....(Cheerleader)

SIGNED ..... (Parent if squad member under 18)